

OTHER

All Beef Hot Dog with Chips **\$4**

\$5 Taterdilla with Sour Cream

SIDES

Hot Sauce **50¢**

\$1 Chips
Kim Chi Slawter
White BBQ Slaw
Big Ol' Dill Pickle

\$3
Spinach Dip & Pita Chips*
Mexi-Greek Dip & Pita Chips*
Jalapeno Cream Cheese & Pita Chips*
Spicy Strawberry Cream Cheese & Pita Chips*

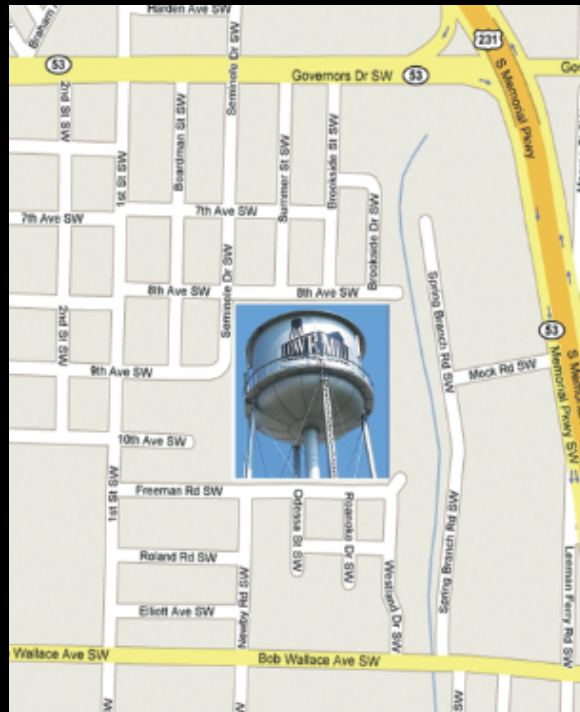
*Gluten-Free Crackers Available on Request

OPTIONAL UPGRADES

50¢
Pickled Jalapenos
Banana Peppers
Guacamole
Olive Relish
Additional Toppings
Cheese
*American, Cheddar,
Smoked Gouda, Pepper Jack,
Provolone or Swiss*
Gluten Free Bread

\$1
Add Turkey, Ham,
Salami, Bacon or
Jerk Tofu

Join our email list to receive
our weekly specials & updates



HAPPY TUMMY



Located on the 1st Floor
at Historic Lowe Mill
2211 Seminole Dr
Huntsville AL 35805

HAPPY TUMMY



HOURS

Wed & Thurs: noon - 5:30 PM
Fri: noon - 7:30 PM
Sat: noon - 4 PM

256-348-8132

mmmhappytummy.com

SANDWICHES

All sandwiches come with chips.

Baby, Please Don't Go \$7.50

Ham, Salami, Swiss, Provolone and Olive Relish on Ciabatta

Bad Apple \$6.50

Turkey, Bacon, Swiss, Apple Mustard, Lettuce and Onion on Multigrain Bread

B-BLT \$6

Bacon, Lettuce, Tomato and Mayo on White Bread

CheeLT \$5.50

Cheddar, Mayo, Lettuce and Tomato on White Bread

Craisly Chicken \$5

Chicken Salad with Craisins, Almonds, Celery, Red Onion, Mayo and Lettuce on Multigrain Bread

Diablito \$6

Turkey, Jalapeno Cream Cheese, Lettuce, Tomato and Onion on White Bread

Don't Cry for Me Argen-Tuna \$5

Tuna Salad with Celery, Craisins and Mayo on Multigrain Bread

Get in My Belly \$6

Chipotle Pork and White BBQ Slaw on Ciabatta

Gorilla Cheese \$4

American Cheese on White Bread

Ham and Chee \$5

Ham, American Cheese and Mayo on White Bread

I'm On a BOAT \$6

Bacon, Onion, Guacamole, Tomato and Mayo on White Bread

In-Fidel \$7.50

Ham, Chipotle Pork, Swiss, Pickle, Mayo and Mustard on a Hoagie

Jane Says \$7.50

Jerk Chicken, Bacon, Pepperjack Cheese, Jalapenos, Guacamole, and Red Onion on White Bread

Kim Chi Reuben \$6

Ham, Swiss, CrashBoomBangonnaise and Kim Chi on Rye

Leave Me Provolone \$4

Provolone, Cranberry Pineapple Preserves on Multigrain Bread

Pimp My Chee \$5

Pimento Cheese on Toasted White Bread

Popeye Loves Olive Oyl \$5

Creamed Spinach with Sauteed Onions, Mushrooms, Artichokes and Swiss on White Bread

Reubenesque \$6

Ham, Swiss, Thousand Island Dressing and Kraut on Rye Bread

Sass Ya Back \$5.50

Turkey, Spicy Strawberry Cream Cheese, Spinach and Onion on Rye Bread

Spicy Bird \$6

Turkey, Pepper Jack, Chipotle Mayo, Jalapenos, Lettuce, Tomato and Onion on White Bread

Spicy Cheese \$4.50

Pepper Jack Cheese and Jalapenos on White Bread

Squeal Like a Pig \$7.50

Chipotle Pork, Bacon, Ham and Mayo on White Bread

That's Amore \$6.50

Ham, Salami, Provolone, Pesto Mayo, Tomato, Onion and Spinach on a Hoagie

The Breakfast Club \$6

Egg Salad, Bacon, Cheese, Lettuce and Tomato on White Bread

Torta de la Tummy \$7.50

Chipotle Pork, Ham, Swiss, Onion, Guacamole, Lettuce and Mayo on Ciabatta

Wecome Back, Ciabatta \$7.50

Turkey, Artichoke, Roasted Red Pepper, Tapenade, Smoked Gouda, Onion, Tomato & Spinach on Ciabatta

What the Cluck \$6

Buffalo Chicken and Pickle on Ciabatta

You Are What You Eat \$6

Jamaican Jerk Chicken, Mayo, Lettuce, Tomato and Onion on White Bread

You've Really Got a Hold on Me \$6.50

Artichoke, Roasted Red Pepper, Tapenade, Smoked Gouda, Onion, Tomato & Spinach on Ciabatta

Most Sandwiches and Wraps Can Be Served on Gluten Free Bread, Over Lettuce, or Over Spinach

While we are careful to avoid contact, all food is prepared in the same area. Therefore, we cannot guarantee that your food will be completely gluten free.

WRAPS

All wraps come with chips.

Boss Hogg \$6.50

Slow-Cooked Chipotle Pork, White BBQ Slaw, & Banana Peppers

Don't Mess With Texas \$6

Black Beans, Guacamole, Pepper Jack Cheese, Lettuce, Tomato and Onion

Happle \$6

Ham, Swiss, Apple Mustard, Spinach and Onion

Hide the Salami \$6.50

Ham, Salami, Pesto Mayo, Provolone, Tomato, Onion & Spinach

Jack's in Big Trouble \$6.50

Buffalo Chicken, Pepper Jack Cheese, and Banana Peppers Grilled in a Flour Tortilla

Jalalicious \$6

Turkey, Jalapeno Cream Cheese, Lettuce, Tomato and Onion

Jerk Tofu Wrap (This is VERY Spicy!) \$5.50

Jamaican Jerk Spiced Tofu, Spinach, Tomato and Onion

My Muy Grande Greek Wrap \$5.50

Black Bean-Garbanzo Bean-Artichoke-Olive-Onion-Garlic Spread with Tomatoes and Spinach

Naughty Wrap \$6

Turkey, Pepper Jack Cheese, Chipotle Mayo, Tomato, Lettuce and Onion

Nice Wrap \$6

Turkey, Swiss, Mayo, Tomato, and Lettuce

Stars Falafel on Alabama \$6

Baked Falafel, Spinach, Tomato and Tzatziki Sauce

TCB \$6.50

Turkey, Cheddar, Bacon, Mayo, Lettuce, Tomato and Onion

Tex Mex Wrap \$6

Turkey, Pepper Jack Cheese, Guacamole, Lettuce, Tomato & Onion

That's The Last Straw \$5.50

Ham, Spicy Strawberry Cream Cheese, Spinach and Onion